

NEED SOME LOVE

Many of us, having over-indulged during the winter season have committed ourselves to a strict exercise regime, where we also cut out sugar and alcohol. But remember that if you're struggling to stay committed to your exercise program, you are not alone!

You may encounter a temporary loss of willpower due to lack of time, social engagements or other unforeseen circumstances, which can quickly lead you off track. Remember, nobody is perfect!

One way to keep your motivation is to reward yourself daily for your efforts. Keep the rewards in line with your health goals, so avoid celebrating with wine and chocolates! How about rewarding yourself with some 'me' time? A little pampering can go a long way.

Taking a few minutes out for 'me time' can help relieve stress, and allow your body to detoxify. Some of our favourite ways to nurture ourselves include listening to relaxing music, lighting some candles and taking a warm bath or indulging in a professional massage to help release endorphins and alleviate sore muscles.

So, why not try to spend some time relaxing and enjoy an invigorating bath filled with GERnétic **SPA BATH SALTS WITH ESSENTIAL OILS** or treat yourself to a much needed massage with our decongesting and anti-inflammatory **GER THERAPI?** You might also want to try our **SPA MASSAGE OIL** – It nourishes, smoothes, softens and soothes the skin while promoting lymphatic and blood micro-circulation and detoxifying and stimulating the immune system. At the same time, it tones, energizes and reduces stress.



TALK TO US!

Want to find out more or want us to tell you how we can help you achieve the skin you've always dreamt about?

Speak to your local beauty salon or visit our website

www.gernetic.co.uk

or Phone us on 01202 309913 and we will be very happy to discuss any topic.

We are here to help!



Visit

www.gernetic.co.uk

Email:

info@gernetic.co.uk

Tel: 01202 309913



ENHANCE YOUR BUST -

WITHOUT THE RISK!

Every woman dreams of having and maintaining a beautiful bust - especially now as it's time to show a bit more cleavage! It is tempting to just use any body cream on the bust but this delicate area needs a special formula of amino acids and other nutritional elements to restructure the elastic fibres and optimise its natural health and beauty.

SEINO, rich in amino acids, hops, hamamelis and ginseng extracts, is the perfect cocktail to prepare the skin to absorb the active ingredients of the other bust products.

If it is extra firmness and harmony you're looking for, try GERnétic's **ENDO SPECIAL PLUS** serum, which is suitable for small, large or distended busts. Packed with plant extracts, including horsetail for its natural silica content, spray this magical serum onto the bust area two or three times a week and you'll see the difference.

To activate collagen and fibronectine and to bring your bust to its maximum fullness and tonicity, try **MACRO 2000**, the heart of GERnétic's bust treatments; it is imbued with a complex of amino acids, plant and marine extracts chosen to boost you where you need it most.



STRETCHED TO THE LIMIT -

OUR STRETCH MARK SOLUTION

Stretch marks are a reality of life. Nearly "every body" has them and we all hate them! They appear during physiological and hormonal changes such as puberty, pregnancy and weight gain and are the result of a distension of the elastic tissue of the skin, due to a lack of Collagen and Elastin fibers.

A unique, nourishing product, **ANTI-STRIES** has been especially formulated for the prevention of stretch marks on the bust and the body and for the restoration of skin affected by stretch marks.

Easily absorbed, leaving no trace or stickiness, this powerful revitalizing and fortifying cream repairs those parts of the body particularly prone to stretch marks whether brought about by excessive stretching or through hormonal changes.



GERNÉTIC BEAUTY

Summer/Autumn 2025

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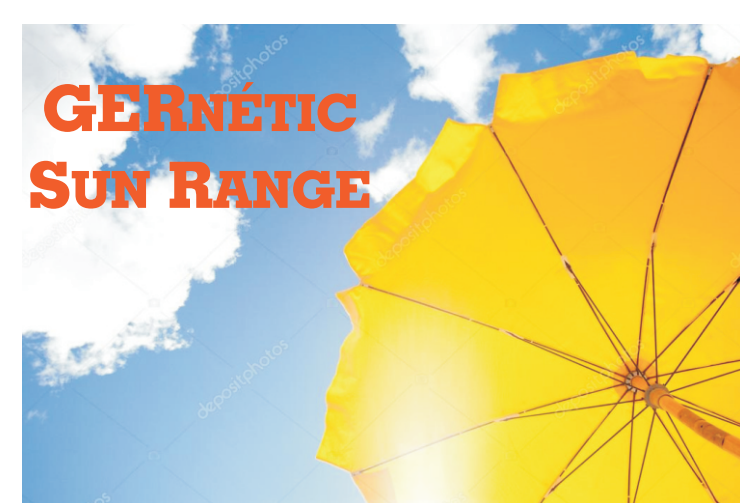
Me-Time

Beautify Your Bust

GERnétic's Stretch Mark Solution

GERnétic

INTERNATIONAL



PROTECT YOUR MOST VALUABLE ASSET - YOUR SKIN

The sun is out! Make sure you are well-prepared for those long days outside. Everybody loves to suntan, as it makes you look and feel attractive and healthy, but make sure you know about all the health - and beauty - risks of prolonged sun exposure.

So why is the use of sun protection so important? We all love to enjoy the sun and we all know about its benefits. However, prolonged sun exposure can damage your skin and make it look dry and leathery.

GERnétic Sun Products will help you, whatever your age or skin type, reap the benefits from the sun while procuring maximum protection and preserving your skin's suppleness, hydration and texture. GERnétic's sun range allows you to tan "intelligently" by preserving your specific skin characteristics.

The **MELANO** products are non-whitening, without nano-particles and offer a fresh, citrus orange and bergamot scent. They all contain Apricot oil, rich in oleic acid, vitamins A and E. Apricot Oil is nourishing, softening, regenerating and non-dehydrating and helps delay the effects of ageing.

MELANO 15 - SPF 15 90 ml tube:

Offers medium protection. Aimed at people with matt and dark skins, who tan easily without getting sunburned. **MELANO 15** contains Shea butter which has nourishing and repairing properties and prevents dehydration.



MELANO 30 - SPF 30 125ml pump bottle dispenser

Offers high protection. Aimed at light skinned people who tan quite easily, but can get sunburned.

MELANO 50 - SPF 50 125ml pump bottle dispenser

Offers high protection. Aimed at people with very light, milky white skin, often with freckles, who get sunburned very easily.

GEL APRÈS SOLEIL 90 ml tube

If you do get burnt, our **GEL APRÈS SOLEIL** is available to help soothe, restore and regenerate your skin. And don't forget our star product **SYNCHRO** was first designed as a burns cream and also helps with sunburns.



REJUVENATE, CLEANSE & BE READY FOR THE SUMMER SEASON

With the nice weather in full swing, now is the time to reassess your beauty regime, to make sure your face and body are ready for the increased exposure.

Why not treat yourself with a GERnétic Treatment at your local salon? Just some of the wide range rejuvenation beauty treatments are:

An exfoliating facial which will remove any build-up of dead skin cells and help to stimulate cell production incorporating **GERPEEL** and **FLOWER ACIDS LOTION** or a GERnétic Spa facial using **MARINE GUMMING CLEANSER**.

And while you're at it why not follow up with a beautifying, firming, slimming or cellulite **GERnétic Body Treatment** with **LYMPHO**, **VEINULO SPECIAL PLUS** and either **VASCO ARTERA**, **ADIPO GASTA** or **SOMITO**? Add a further slimming and detoxifying twist to your body treatment with **SPA SLIMMING WRAP** or the **GERnétic MARINE ALGAE MASK** that will work on blood circulation, help eliminate waste products, improve digestion and tighten the skin.

Worried about your bust? Treat yourself to a GERnétic bust treatment with **SEINO**, **ENDO SPECIAL PLUS** and **MACRO 2000** which will help to regularize hormones and to regain natural bust size and shape.

Don't forget your hands! Because they are exposed, hands are the first part of the body to show signs of ageing but there's nothing GERnétic can't put right. A GERnétic hand treatment using **SPA SALT PEELING** and **MANNO** can be very soothing if colder weather has left your hands rough, chapped, hard or dry.

It's time for those tootsies to step out in sandals. Treat tired and puffy feet with dry, cracked skin to a pedicure and a **GERnétic Foot Treatment** using **SPA SALT PEELING** and **PERFECT FEET** to remove hard skin, remove any roughness and leave feet feeling smooth and refreshed.

Rejuvenation and cleansing are the key elements of these treatments which you can mix and match to help you step out and bare all with confidence.

So how do beauty treatments help the rejuvenation process? The ageing process causes the production of collagen and elastin to slow down, so the skin becomes thinner, losing its plumpness, firmness and elasticity. You can't stop this natural ageing process, but you can boost your circulation and help stimulate cell production through a variety of beauty treatments.

Clinical tests have proven that beauty care can delay or improve apparent ageing conditions. GERnétic products use cellular therapy to introduce active substances into the body by percutaneous absorption. These substances contribute to a better revitalisation of body cells and the regeneration of new cells.



WHAT'S NEW FROM GERNÉTIC?

New innovative products and breathtaking packaging launching this year!

The innovators at GERnétic International have been busy and we are very excited to share their latest creations with you!

GERnétic are reintroducing an improved version of the very popular **NATURDIET FOOD SUPPLEMENTS**. These nutricosmetic products will help you achieve the results you want from the inside and perfectly complement our skincare range. **THE SUPPLEMENTS ARE AVAILABLE NOW.**

CELLULI SLIM

Its fat storage reducing formula targets fat deposits, activates drainage and stimulates micro-circulation.

CELLULI SLIM effectively targets stubborn areas like thighs, buttocks, abdomen and promotes visibly firmer and smoother skin. Thanks to a synergy of natural active ingredients — grape marc, pineapple, green tea, vitamin C, and copper — this supplement supports the elimination of fat deposits, tones tissues, and helps smooth the skin's appearance. An ideal ally to refine the figure and enhance the skin.



FOOD CONTROL

100% natural appetite suppressant



Its satiety formula promotes fullness and supports metabolic balance. Formulated with red algae, bladderwrack, blackberry, vitamin B3, and chromium, this supplement naturally acts on the feeling of fullness while supporting the proper functioning of metabolism. The ideal ally for a healthy lifestyle.

STRESS CONTROL

Its soothing serenity formula helps emotional balance. Contains plant-based extracts and magnesium for calming support while naturally aiding emotional well-being and providing daily comfort and relaxation. This food supplement combines the benefits of lemon balm, rhodiola, magnesium, and vitamin B6 to promote relaxation, reduce stress, and contribute to overall well-being. A natural solution to restore calm and serenity day after day.



GERnétic's exciting addition to their ampoule range:

CALMING CAPI

This is more than just a hair treatment - it's a soothing biotech concentrate offering intense soothing for irritated scalps due to its anti-itching, anti-redness formula.

CALMING CAPI AMPOULES deliver instant relief from itching and discomfort, redness and eczema, scalp imbalance & stress. Use as an SOS treatment or as part of a long-term hair care routine to reduce the number and intensity of irritation episodes until they disappear.

A healthy and balanced scalp is the foundation of beautiful and strong hair. Our hair care line helps you take care of your hair and scalp holistically, soothing, strengthening and supporting hair growth. For best results use with **MEDUL SHAMPOO** and **CUTICUL EXTRA PLUS**.

L'EXQUIS

GERnétic's new fragrance extends the GERnétic experience beyond skin care. This soft, refined and subtle fragrance has been inspired by the skin and is destined to become your signature scent - **L'EXQUIS** goes wherever you go.



Fresh Look - same transformative marine power.

Two of our most popular Marine products now come in brand new packaging, making them more irresistible than ever.

GERLIFT, firming cream with marine actives, delivers an immediate lifting effect. Stimulates collagen production and cell respiration for smoother, younger-looking skin. Perfect for tired, mineral-depleted skin.

MARINE MASK - a rich remineralising and lifting mask that revitalises dehydrated, sagging, and wrinkled skin. Tones, regenerates and restores radiance with every use.

